

## The Christian Race

Like an athlete training for a race Focus and discipline is the key In order to be ready to compete I must keep my eyes on Thee.

God's Word gives me energy It is the spiritual food I must ingest As I come to God in prayer each day He prepares me for the test.

I step into the starting blocks
The gun signals to begin the race
As I glance around to and fro
I try to keep up pace.

But I realize that when my head is turned My stride slows down a bit So I decide to focus on the finish line Where Jesus, my LORD, will sit.

> As I proceed down my lane To my surprise I see Hurdles set up along my route This was not supposed to be!

I do not know how to hurdle! How did these obstacles get in the way? I bet Satan put them there In an attempt to cause me to stray.

Oh, LORD, I pray, help me fly Over the hurdles of life I face. I can only do it with Your help Being carried over by Your grace. I raise one leg and then the other The first hurdle I sail right past But as I try to clear the second My success just does not last.

The hurdle tumbles to the ground Causing me to stumble I become so discouraged, I want to quit Because I am so humbled.

But I hear a voice at the finish line Calling me by name "Julie, occasionally you may trip and fall But I love you just the same.

You won't be disqualified
If some hurdles are knocked down
Just continue to use the power I can give
And your face won't wear a frown.

Those obstacles won't seem so tough You'll stumble less and less As you endure, you'll enjoy the race For your life will indeed be blessed.

And when I meet you at the finish line A great reward you will receive A crown of righteousness I will give you Eternal blessings too awesome to believe."

Do you not know that in a race all the runners run, but that only one gets the prize? Run in such a way as to get the prize. Every athlete exercises self-control in all things. They do it to receive a perishable wreath, but we are imperishable.

I Corinthians 9:24-25